

NON CONTACT KARATE TAUGHT BY fully QUALIFIED INSTRUCTORS



EVERYONE WELCOME
FROM 4 YEARS OLD



WE TEACH TRADITIONAL KARATE ENCOURAGING CONFIDENCE, RESPECT, DISCIPLINE, SELF AWARENESS AND AGILITY IN A FUN & CONTROLLED ENVIRONMENT. All classes are friendly, informative & cater to the individual needs of the student.

EMAIL: info@southernkarate.org to book your place

St James Primary School
Monday 3.25

£5.50 PER CLASS – PAY AS YOU GO

MANY MORE CLASSES TO CHOOSE FROM, FIND THEM ALL AT:
WWW.SOUTHERNKARATE.ORG

Tel: 07764 478507



Child Protection
in Sport Unit

