

The week ahead @ Saint James

“Be strong and courageous and do it!” 1 Chronicles 28:20

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Friday 18th July

Issue 154

Fri 18 th July	Mon 21 st July	Tues 22 nd July	Wed 3 rd Sept	Thurs 4 th Sept	Tues 9 th Sept
Last day for children – school closes 1.45pm	INSET day (no children in school)	INSET day (no children in school)	INSET day (no children in school)	Start of term – children return to school	Meet the teacher evening 4.00/ 4.30/ 5.00pm



Collective Worship



This week's theme:
Summer

This week's bible verse:
Look at the birds - they don't worry, and God looks after them
Matthew 6.25-27

A message from the Senior Leadership team

It seems incredible that we've reached the end of the year and that the Summer holidays are upon us. This week we've shared a heartfelt goodbye to our two longest-standing members of staff, Miss Schools and Mrs Ife. However, a list of fond farewells would not be complete without mention of our fabulous Year 6 pupils. As well as tackling SATs with remarkable resilience, they also turned in some impressive dramatic performances in 'An inspector calls', the play they performed a couple of weeks ago. We also believe they were responsible for a surge in tissue sales across West End, in advance of the Leavers' Service today. We're sure that anyone who invested in a box of Kleenex before the event didn't regret their decision! Well done Year 6 – we are proud of you and we will miss you!

We would also like to take this opportunity to thank you, our wonderful parents, for all your support this year. We realise that as well as saying goodbye to our Year 6 pupils, we will also be bidding farewell to some families who have been with us since their oldest child started in Year R. Please remember that you are always considered a member of our extended Saint James family.

Finally, can we take this opportunity to wish you and your families a peaceful and relaxing Summer break. Stay safe, have fun and we look forward to welcoming you back on Thursday 4th September.

How did we celebrate Mrs Ife and Miss Schools' 70+ years of service to Saint James school? It was a piece of cake!

Although we shared our goodbyes for Mrs Ife and Miss Schools in last week's newsletter, after over seventy years of combined service between them, we are unashamedly going to celebrate their dedication to Saint James Primary School again this week.

As Mr Thompson's excellent Collective Worship drew to a close on Tuesday, Mrs Ife and Miss Schools were invited forward to address the school for the very last time. It is difficult to be precise but, taking into account Saint James changing from two form to three form entry in 2016, we think over 3000 different children have sat in the hall, as pupils of Saint James School, during the time they have worked here. Therefore, after so many years of dedicated service to the school, it would only be fitting that their gifts were presented by former pupils. Thankfully, those former pupils didn't need to travel far; just a few paces across from the office! As Mrs Williams and Miss Donovan presented their former teachers with gifts, it was easy for our two leavers to reminisce about the changes they have seen to the school during the past four decades. Just as they were ready to retake their seats, Mrs Ife and Miss Schools received the second surprise in the space of a few minutes: the door from the kitchen servery burst open and development chef, Liam, appeared wheeling two trolleys laden with exquisite-looking cake!

Whilst two of the four delicious cakes were made exclusively for Year 6, there were two special cakes intended for Miss Schools and Mrs Ife. Interestingly, Roald Dahl's masterpiece 'Matilda', was written in 1988, mid-way between when Mrs Ife and Miss Schools started at Saint James. However, neither teacher has ever borne a resemblance to the chocolate cake-devouring thief in the book, Bruce Bogtrotter! It is therefore no surprise, and in keeping with the generosity that both of these fantastic members of staff have shown over the years, that the cakes were shared among all the staff at breaktime!

Mrs Ife and Miss Schools will be sadly missed but we wish them all the best in their well-deserved retirement.



We were bowled over by the sportsmanship showed by our cricketing superstars

Like now, games between Liverpool and Arsenal in the Premier League have always been highly competitive. With that considered, the following act of sportsmanship seems even more remarkable. During a closely fought game in 1997, Liverpool striker Robbie Fowler was through on goal well he fell under a challenge in the penalty area. The referee, without hesitation awarded him a penalty. Fowler then protested vehemently that he had tripped and that it wasn't actually a penalty, however the referee stuck to his decision. The elite striker, with an excellent record for scoring penalties, took the subsequent spot kick and missed (albeit his teammate followed it up and scored the rebound).

Whereas that incident is in the living memory of many of us, the following act of sportsmanship, at the infamous 1936 Olympics in Berlin, is beyond the recall of most of us. The 1936 Olympics, viewed as a propaganda spectacle for Hitler, was intended, by Germany's dictator, to show the physical superiority of the German people. This makes the following act even more remarkable, due to the pressure placed on German athletes to succeed.

Jesse Owens, the American world record holder in the long jump, had foot-faulted twice in his bid to qualify for the final. Instead of feeling relief at the potential elimination of his closest rival, Germany's Luz Long, the European record holder, offered Owens advice on how to adjust his run-up to make the qualifying distance. Owens' next jump was a success and he went on to win the gold medal, with Long earning silver.

So why are we taking this opportunity to highlight two examples of impressive sportsmanship? Because we have our own to add to the mix. Last Wednesday, we entered a team in the Hampshire County Cup tournament. During one of the games, Sam hit a ball that would have made Joe Root or Alistair Cook proud. Watching it sail through the sky, a score of six was on the cards until the ball was plucked out of the air for an impressive catch. With the competition being so close, a natural response for Sam would naturally have been disappointment, but his response was magnanimous and a model of superb sportsmanship. Turning to the successful fielder, Sam shook his hand and commended him for his 'great catch'.

This was just one exemplification of the sportsmanship showed by the entire team, as the children worked well together, acknowledged the achievements and performances of opponents and demonstrated impressive bowling, batting and fielding. Their impressive skills and dogged determination secured the Saint James team the runners-up position and placed a shining medal around their necks.

We would like to extend a big 'thank you' to Miss Howell, Mrs Voaden, Mrs Thompson and Mrs Waugh for supporting our children at the tournament, as well as congratulating our impressive and humble team for their valiant efforts.



Our runners did well at the event last week – it was just a stroll in the park



The home of Hampshire cricket, the Rose Bowl, has been known as the Utilita bowl since the beginning of 2024 and was formerly the Ageas bowl. Even the oldest football cup competition in the world is now known as the Emirates FA cup. It is therefore not a surprise, when any sporting stadia, event or competition is named after another institution. However, on one occasion next year, there may be an event whose naming rights, or takeover comes as some surprise. May we propose: the Saint James Park Run! Although the reality of that proposition may seem a little far-fetched, it is a strong possibility for next year!

As you know, Miss Howell and Mr Jones relinquished their Sunday morning lie-ins to be on the park run start line for 8.45am last Sunday. However, they weren't alone in enjoying the solitude, peace and birdsong of early Sunday morning. They were lining up for the start of the run, alongside a number of children from Saint James – the only birdsong to be heard was the excited chatter from the 'early-birds', who had come to join them!

With an impressive turnout, exemplary behaviour, and determined performances, there is no wonder the organisers proposed a Saint James takeover of one of the park runs held next year. Although still only an idea, it would require support from parents and staff to marshal the event, it is an exciting proposition.

We would like to extend an enormous 'thank you' to Miss Howell and Mr Jones for rising early on the penultimate Sunday of term and coordinating, promoting and supporting during this event.



Key information for September

I am sure that many of us loathe breaking up for the school holidays to be immediately met with TV adverts and billboards advertising everything your child needs to go back to school! We are, therefore, somewhat hesitant to share the following information but, as the last newsletter before the holidays, it does seem like the most appropriate opportunity to share it. Maybe have a brief scan through now, then hang it on the fridge for when you need to go shopping for new uniform and school supplies and then read it through again at the beginning of September!

Timings

Please note the new timings for the school day, next year. As parking remains a persistent issue before and after school, we are continuing to operate a drop-off 'window' between 8.30am and 8.45am. Classroom doors will open from 8.30am with the school day now starting for all children by 8.45 at the latest.

There is also a change of timings for the end of the day. Year R and Key Stage 1 can be collected from 3.15pm with Key Stage 2 being dismissed from 3.20pm, for ease of collecting older and younger siblings. Senior siblings are still able to collect their younger brothers and sisters. All children should be collected by 3.25pm.

Lunches

At Saint James Primary School, we actively encourage healthy eating and making healthy choices in the food we eat. If your child chooses to eat a packed lunch, please send them with a balanced lunchbox including fruit and vegetables and a non-fizzy drink. We are a nut-free school, so anything nut based including chocolate and hazelnut spread and peanut butter cannot be included. If you're finding it hard to get inspired for different lunches, some delicious, interesting packed lunch choices can be found at <https://www.nhs.uk/healthier-families/recipes/healthier-lunchboxes/> Please remember that you also have the option to purchase a healthy, balanced school meal for your child via the Aspens website. From 1st September, there will be a small increase in price, to £2.90 per meal.

Healthy Snacks

Although Key Stage 1 children are provided with fruit via the government initiative for healthy eating, we are in the extremely fortunate position that Shergolds match this provision by generously providing delicious fruit for our Key Stage 2 children. This should ensure that all children across the school are given the option of fruit for a snack each day. We cannot guarantee the choice of fruit that your child will be offered as usually all of the children will be given the same option each day (e.g. Monday – banana, Tuesday – pear etc). This is a great way to encourage pupils to try something they might not usually choose however you are welcome to send your child with fruit from home, if there is specific fruit they will eat. We kindly ask that any snack brought in for consumption at school is either a fresh fruit or a vegetable.

Pencil Cases

To reduce any anxieties related to equipment, we will be continuing to provide the children with all the stationery that they need for the school day. As well as helping to avoid any confusion over the ownership of any equipment, it minimises the temptation to be distracted by the latest smelly rubber or sparkly gel pen! Please advise your child to keep their pencil cases and personal stationery at home as everything they need will be provided in school.

School Bags

With no requirement to bring pencils cases and P.E. kit to and from school, there is no necessity to have a bag large enough to hold all the clothing and items needed for a week away! If your child is in Year R or Key Stage 1, we advise that a book bag (along with a water bottle and a lunch box if your child has a packed lunch) is all they need to bring to school. Children in Key Stage 2 have no need for an excessively large bag either, please send them with a small bag or rucksack, no larger than 40cm x 30cm or 14 litres (we won't be getting our rulers out to measure or filling them with water to check their capacity)! Any bag sent to school must fit into their locker alongside their coat.

INSET day

We will be having an INSET day on Wednesday 3rd September. School will reopen to pupils on Thursday 4th September.

P.E kits

We will be continuing to allow children to wear P.E kit to school on the days they have P.E lessons. Teachers still report that, without the need for changing, it provides children with more time for their lesson. Many parents have also informed us that they are more able to ensure kit is kept clean and fresh, rather than it festering at the bottom of a bag or locker for half a term! Please refer to the school's expectations for P.E kit, in the newsletter dated 4th July. We would like to reiterate that it is the school's strong preference for the children to wear plain black or dark trainers for P.E sessions.

Your child's P.E days are listed below, as well as the timetable for the library;

P.E timetable		Library timetable	AM	PM
Monday	Year 2, Year 1, Year R	Monday		Year 4
Tuesday	Year 2, Year 1, Year R	Tuesday		Year 3
Wednesday	Year 4, Year 3, Year R	Wednesday		Year 1
Thursday	Year 6, Year 5, Year 3	Thursday	Year R	Year 5
Friday	Year 6, Year 5, Year 4,	Friday	Year 2	Year 6

School Uniform - discount for *School trends*

We're sure you're now familiar with seeing Christmas decorations in shops from the end of September, Easter eggs available from the end of the Christmas holidays and adverts for back-to-school supplies before the Summer term has drawn to an end! Unfortunately, we now find ourselves in that very position of promoting an offer for uniform for the new term, before the Summer term has actually finished! However, our caveat is that the offer we are sharing allows you to purchase uniform and school clothing with a 10% reduction.

The supplier of our, logo-embazoned, uniform, *School trends*, are offering a reduction of 10% on all items of uniform, until the end of the month.

When ordering via the *School trends* website, please use the code below to secure your discount:

<https://www.schooltrends.co.uk/>

Code- VIP10

Whilst on the subject of school uniform, after investing in new school clothes the very last thing that anybody wants is for it to be filling our lost property boxes. Please remember that you can purchase labels from *Stikins* and *MyNameTags* to ensure that lost uniform is returned to its rightful owner. A percentage of any purchases is donated to the school via the SJSA. The codes to enter, when making a purchase, are included alongside.

STIKINS®



Stikins
Code:
19758

www.stikins.co.uk

My
NameTags
Code: 33714

www.mynametags.com

8 - 12 September 2025

NHS
Hampshire Child and Adolescent
Mental Health Services

Mental Health Focus Week

A week of training days for Parent/Carers and Professionals provided by Hampshire CAMHS on a variety of subjects.

8th Eating Disorders and Difficulties

9th Anxiety - understanding and strategies to support young people

10th Trauma - The profound impact on young people

11th Understanding ADHD

12th Embracing Autism

All
sessions
9.30am
- 3.30pm

All
training
days are
£20

Mental Health bite size sessions

All
bite size
sessions
are £5

We are also running a whole week of bitesized workshops to run alongside these days. The sessions all last one hour and cover topics including: Introduction to mental health, anxiety, low mood, sleep hygiene, trauma and much more.

8 - 12 September 2025

United Reform Church Jewry Street, Winchester, SO23 8RZ

For more information scan the QR codes or visit:

<https://hampshirecamhs.nhs.uk/events/>

NEW
FOR 2025

NHS
Hampshire Child and Adolescent
Mental Health Services

HAMPSHIRE CAMHS INFORMATION & ADVICE SESSION

YOUNG PERSON'S
MENTAL HEALTH

10am - 2pm

The Arc, Jewry Street
Winchester, SO23 8SB

This is an opportunity for
parents/carers, professionals
or young people to come
and chat to our CAMHS
clinicians, ask questions,
get advice and resources.

Bookable slots available via
our website or just drop in.

hampshirecamhs.nhs.uk



7 May	3 September
4 June	1 October
2 July	5 November
6 August	3 December

STUDENTS AND
YOUNG PEOPLE
WELCOME

Try something new this Summer!

Eastleigh Borough Council's *SportWorks* team have informed us of the Summer holiday activity programme across the Borough, with an emphasis on getting kids moving. The programme is for 5-16 year-olds and runs from 28 July to 22 August. Included alongside familiar sessions across the four weeks are: Aerial Hoops, Fencing, CrossFit, Fishing, Sailing, and Yoga (as well as many more). Free Swimming is also available at Places Leisure Eastleigh. The programme launches 28 July with the popular SkateJam at Freespace Skate Park, Skateboarders, scooters and BMXers are all welcome!

Due to additional funding, kindly provided by town and parish Councils, the price for activities can be kept to £3.50 per session, or £1 for households in receipt of Housing Benefit or Council Tax Support.

Please visit <https://www.eastleigh.gov.uk/sport-and-health> to sign up.

