

The week ahead @ Saint James

"Be strong and courageous and do it!" 1 Chronicles 28:20

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Friday 5th September

Issue 155

Tues 9 th Sept	Mon 15 th Sept	Fri 19 th Sept	Thurs 2 nd Oct		Fri 3 rd Oct	Fri 24 th Oct
Meet the teacher evening 4.00/ 4.30/ 5.00pm	First day of the Year 6 residential visit	Last day of the Year 6 residential visit	Nasal flu vaccinations	Non-uniform day for allergy awareness	School photos – individual portraits	Last day of the half-term

Collective Worship



This week's theme:
New beginnings

A message from the Senior Leadership team

Welcome back! It was lovely to see so many familiar faces returning to school this week, as well as welcoming so many new children and their families. We hope you had a fantastic holiday and were able to enjoy a peaceful and relaxing Summer break.

Whilst visiting classrooms, it has been great to observe the high standards of behaviour and fantastic attitudes towards learning. There has been a real 'buzz' of excitement around the school from both pupils and staff. We are fully anticipating a action-packed term crammed full of exciting activities to enrich the children's learning!

Do you have any enriching experiences to share with our children?

Mundane normality for some people can be eye-opening and exciting for others. You may think that your job, hobby and cultural background is unremarkable but learning about it can be enriching for those with different experiences. As a Saint James staff, some of us have a wide diversity of hobbies ranging from clog dancing to fishing, rugby to ballet and DJing to singing in a choir. However, our experience of a range of occupations and cultural backgrounds, although somewhat varied, is more limited. We would therefore like to issue a plea to parents and family members with a range of experiences to share these with our children. The following link, to a *Google* form, invites you to include your occupation, hobbies and/ or cultural background, if you feel these may benefit and enrich our curriculum and consequently our children. We have included an overview of the curriculum, including topic titles, to help you consider where you have anything to share that might be enriching and relevant to the children within the context of the curriculum. However, this is not an exhaustive list so please still share your occupation and experiences, if you feel it would prove to be enlightening. We will include your information on an internal database, so that class teachers and year teams can decide where your experiences will best enhance the curriculum. This will only be shared and made available to staff at Saint James. We have included a section to include the age / year group of your youngest child at Saint James. This is because, although we may not be able to use your experiences immediately, they may have more relevance in subsequent years.

A flick back through past editions of this newsletter will highlight some of the amazing ways parents' experiences have enriched our curriculum. Some highlights have included; children participating in a courtroom trial led by a trained barrister, various exciting Science experiments led by research Scientists and learning about an expedition to conquer Mount Everest from an experienced climber. We have also been enlightened by the experiences of members of our Saint James family living with a disability.

We look forward to hearing from you and learning about the diverse experiences of our Saint James family.

<https://forms.office.com/e/eT8EyeTJqh?origin=lpLink>

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year R	Our school	Once upon a tale	On the move	How do things change?	Big beasts / mini beasts	Superheroes
Year 1	Showing compassion	A day at the toy museum	Being reflective	Animal Adventures	Respecting our environment	Big Bad Wolf
Year 2	Habitats	The Great Fire of London	The UK – Kings and Queens	Titanic – unsinkable?	Rwanda	The Olympics
Year 3	Africa	Stone Age	The Iron Man	Romans	Lights, Camera, Action	Tudors
Year 4	Scandinavia	Victorians	Charlie and the Chocolate Factory	Anglo Saxons	Raging Rivers	Vikings
Year 5	South America	World War 1	Extreme Earth	Ancient Greece	Lost in the Universe	Egyptians
Year 6	Asia	Great Britain	Climate Project	World War 2	Evolution and Inheritance	Moving on and changing

Key information for the beginning of term

We are aware that we shared the following information with you at the end of term. However, we thought it was prudent to share it again now, when there are no longer passports, aeroplane tickets, ferry tickets and holiday booking forms taking precedence as household paperwork!

Timings

Please note the new timings for the school day, next year. As parking remains a persistent issue before and after school, we are continuing to operate a drop-off 'window' between 8.30am and 8.45am. Classroom doors will open from 8.30am with the school day now starting for all children by 8.45 at the latest.

There is also a change of timings for the end of the day. Year R and Key Stage 1 can be collected from 3.15pm with Key Stage 2 being dismissed from 3.20pm, for ease of collecting older and younger siblings. Senior siblings are still able to collect their younger brothers and sisters. All children should be collected by 3.25pm.

Lunches

At Saint James Primary School, we actively encourage healthy eating and making healthy choices in the food we eat. If your child chooses to eat a packed lunch, please send them with a balanced lunchbox including fruit and vegetables and a non-fizzy drink. We are a nut-free school, so anything nut based including chocolate and hazelnut spread and peanut butter cannot be included. If you're finding it hard to get inspired for different lunches, some delicious, interesting packed lunch choices can be found at <https://www.nhs.uk/healthier-families/recipes/healthier-lunchboxes/> Please remember that you also have the option to purchase a healthy, balanced school meal for your child via the Aspens website. Please note; from 1st September there is a small increase in price to £2.90 per meal.

Healthy Snacks

Although Key Stage 1 children are provided with fruit via the government initiative for healthy eating, we are in the extremely fortunate position that Shergolds match this provision by generously providing delicious fruit for our Key Stage 2 children. This should ensure that all children across the school are given the option of fruit for a snack each day. We cannot guarantee the choice of fruit that your child will be offered as usually all of the children will be given the same option each day (e.g. Monday – banana, Tuesday – pear etc). This is a great way to encourage pupils to try something they might not usually choose however you are welcome to send your child with fruit from home, if there is specific fruit they will eat. We kindly ask that any snack brought in for consumption at school is either a fresh fruit or a vegetable.

Pencil Cases

To reduce any anxieties related to equipment, we will be continuing to provide the children with all the stationery that they need for the school day. As well as helping to avoid any confusion over the ownership of any equipment, it minimises the temptation to be distracted by the latest smelly rubber or sparkly gel pen! Please advise your child to keep their pencil cases and personal stationery at home as everything they need will be provided in school.

School Bags

With no requirement to bring pencils cases and P.E. kit to and from school, there is no necessity to have a bag large enough to hold all the clothing and items needed for a week away! If your child is in Year R or Key Stage 1, we advise that a book bag (along with a water bottle and a lunch box if your child has a packed lunch) is all they need to bring to school. Children in Key Stage 2 have no need for an excessively large bag either, please send them with a small bag or rucksack, no larger than 40cm x 30cm or 14 litres (we won't be getting our rulers out to measure or filling them with water to check their capacity)! Any bag sent to school must fit into their locker alongside their coat.

P.E kits

We will be continuing to allow children to wear P.E kit to school on the days they have P.E lessons. Teachers still report that, without the need for changing, it provides children with more time for their lesson. Many parents have also informed us that they are more able to ensure kit is kept clean and fresh, rather than it festering at the bottom of a bag or locker for half a term! Please refer to the school's expectations for P.E kit, in the newsletter dated 4th July. We would like to reiterate that it is the school's strong preference for the children to wear plain black or dark trainers for P.E sessions.

Your child's P.E days are listed below, as well as the timetable for the library;

P.E timetable		Library timetable	AM	PM
Monday	Year 2, Year 1, Year R	Monday		Year 4
Tuesday	Year 2, Year 1, Year R	Tuesday		Year 3
Wednesday	Year 4, Year 3, Year R	Wednesday		Year 1
Thursday	Year 6, Year 5, Year 3	Thursday	Year R	Year 5
Friday	Year 6, Year 5, Year 4,	Friday	Year 2	Year 6

Updating information on Arbor

Please check the Arbor account associated with your child / children to ensure all the information, including your address and contact details, are correct. It is also important that you check that the information about consents and the medical details are correct, even if you have entered this information previously.

Meet the teacher

Whilst we have the initial parents' consultation evening scheduled for the middle of November, we have decided to create an opportunity to meet your child's new class teacher on **Tuesday 9th September**. We would love to welcome as many parents as possible to this event, so each teacher will host a meeting in three time slots to allow for parents of siblings to attend a meeting for each child. An identical session will be delivered three times, so please come to a time slot of your choice. These sessions will start at: **4:00pm, 4:30pm and 5:00pm**. No booking is necessary. Unfortunately, there will be no crèche facility and children cannot be accommodated on site for this event.

Extra-curricular clubs

We are excited to confirm some of the after-school sports clubs that will be offered for the Autumn term. Clubs will be offered after school, with opportunity for children in all year groups to participate (subject to spaces). Please see the flyer opposite for more details.

Saint James Primary School staff will also be offering additional lunchtime and after school clubs, these will be finalised within the next few weeks and your child will then have the opportunity to sign-up for a place.

Lost property prevention

It was lovely to see all the children returning to school, in their smart new uniform and shiny new shoes, this week. We can only imagine that parents' debit and credit cards must have taken a battering over the Summer holidays! With some serious investment in new school clothes the very last thing that anybody wants is for it to be filling our lost property boxes.

Please remember that you can purchase labels from *Stikins* and *MyNameTags* to ensure that lost uniform is returned to its rightful owner. A percentage of any purchases is donated to the school via the SJSA. The codes to enter, when making a purchase, are included alongside.

STIKINS

Stikins
Code:
19758
www.stikins.co.uk



My
NameTags
Code: 33714
www.mynametags.com

AFTER SCHOOL CLUBS **ST JAMES**

START DATE
WEEK COMMENCING 8TH SEPTEMBER 2025

MONDAY
FOOTBALL
YEARS 1-2

TUESDAY
FOOTBALL
KS2: YEARS 3-6

WEDNESDAY
FOOTBALL
KS2: YEARS 1-6

THURSDAY
FOOTBALL
YEARS 1-6

FRIDAY
FOOTBALL
YEARS 3-6

YEAR 5 CAN BOOK IN OCTOBER FOR NOVEMBER TERM

£6 PER SESSION

SCAN TO BOOK

REGISTRATION LINK
learningthroughsport.co.uk/st-james/

8 - 12 September 2025

Mental Health Focus Week

A week of training days for Parent/Carers and Professionals provided by Hampshire CAMHS on a variety of subjects.

- 8th Eating Disorders and Difficulties
- 9th Anxiety - understanding and strategies to support young people
- 10th Trauma - The profound impact on young people
- 11th Understanding ADHD
- 12th Embracing Autism

All sessions
9.30am - 3.30pm

All training days are £20

Mental Health bite size sessions

All bite size sessions are £5

We are also running a whole week of bitesized workshops to run alongside these days. The sessions all last one hour and cover topics including: Introduction to mental health, anxiety, low mood, sleep hygiene, trauma and much more.

8 - 12 September 2025

United Reform Church Jewry Street, Winchester, SO23 8RZ

For more information scan the QR codes or visit:

<https://hampshirecamhs.nhs.uk/events/>

NEW FOR 2025

HAMPSHIRE CAMHS INFORMATION & ADVICE SESSION

YOUNG PERSON'S MENTAL HEALTH

10am - 2pm

The Arc, Jewry Street
Winchester, SO23 8SB

This is an opportunity for parents/carers, professionals or young people to come and chat to our CAMHS clinicians, ask questions, get advice and resources.

Bookable slots available via our website or just drop in.

hampshirecamhs.nhs.uk

NHS
Hampshire Child and Adolescent Mental Health Services



7 May	3 September
4 June	1 October
2 July	5 November
6 August	3 December

STUDENTS AND YOUNG PEOPLE WELCOME